



# Kankakee Area YMCA Walker (Large) Pool Schedule April 2 - 7, 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (4 lanes) 7:00-7:55am	
Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Water Exercise & Lap Swim (1 lane) 8:00-9:00 am	Adult Open Lap Swim (2 lane) 8:15 - 9:55am
Swim Lessons Lap Swim (2 lanes) 9:00am-10:30am	Swim Lessons Lap Swim (1 lane) 9:15am - 11am	Open Swim Lap Swim (3 lanes) 9:00am-12:25pm	Open Swim Lap Swim (3 lanes) 9:20am-12:25pm	Splash! Shallow end Open Deep end only 9:00am-9:50am	Swim Lessons Lap Swim (1 lane) 9:00am - 11:15am	
Open Swim Lap Swim (3 lanes) 10:35am - 11:55am	Swim Lessons 11 - 11:45am Open Swim Lap Swim 11 - 12:25pm			Open Swim Lap Swim (3 lanes) 9:55am-12:25pm	Swim Lessons Open Swim (2 lane) Lap Swim (2 lane) 11:15 - 12pm	Open Swim (3 lane) Lap Swim (2 lane) Swim Lessons 12:30 - 1:40pm
Aqua Mix & Lap Swim (2 lanes) 12:00 - 12:45pm	Twinges & Lap Swim (1-2 lane) 12:30-1:30pm	Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Twinges & Lap Swim (1-2 lane) 12:30-1:30pm	Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Open Swim Lap Swim (3 lane) 12:05 - 4pm	Open Swim (3 lane) Lap Swim (1 lane) Swim Lessons 1:45 - 2:15pm
Open swim Lap Swim (3 lanes) 12:50 - 3:55pm	Open Swim Lap Swim (3 lane) 1:35 - 3:55pm	Open swim Lap Swim (3 lanes) 1:20 - 3:55pm	Open Swim Lap Swim (3 lane) 1:35 - 3:55pm	Open swim Lap Swim (2 lanes) 1:20-3:55pm		Open Swim (3 lane) Lap Swim (2 lane) Swim Lessons 12:30 - 1:40pm
Spec. Olym. (1 lane) Lap Swim (1 lane) Swim Team (4 lane) 4:00 - 5pm	Swim Lessons Lap Swim (1 lane) Swim Team (3 lane) 4:00 - 5:00pm	Spec. Olym. (1 lane) Lap Swim (1 lane) Swim Team (3 lane) 4:00 - 4:55pm	Swim Lessons Lap Swim (1 lane) Swim Team (3 lane) 4:00 - 5:00pm	Open swim Lap Swim (1 lane) Swim Team (3 lane) 4:00 - 5:00pm		
Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm	Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm Open Swim (1-2 lanes) 5:50-6:25pm	Swim Lessons Lap Swim (1 lane) 4:55 - 6:30pm	Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm Open Swim (1-2 lanes) 5:50-6:25pm	Swim Lessons 5 - 6:30pm Open Swim Lap Swim (2 lanes) 5:15 - 7:30pm		
ST (3-4 lane) Open (1 lane) Lap Lane (1 lane) 6:30 - 7:30pm	Swim Team (3 lane) RVSR (2 lane) Lap Swim (1 lane) 6:30 - 7:30pm Open Swim Lap Lane (2 lane) 7:35 - 8:30pm	ST (3 lane) Lap Swim (1 lane) Swim Lesson 6:30 - 7:30pm Open Swim Lap Lane (2 lane) 7:35 - 8:30pm	Swim Team (3 lane) Lap Swim (1 lane) 6:30 - 7:30pm Open Swim Lap Lane (2 lane) 7:35 - 8:30pm	Swim Team (3 lane) Lap Swim (1 lane) 6:30 - 7:30pm Open Swim Lap Lane (2 lane) 7:35 - 8:30pm		
Open Swim Lap Swim (3 lanes) 7:35 - 8:30pm						
Legend: Blue = Lap Swim    Red = Open Swim    Green = Aqua Fitness Purple = Rentals    Black = Swim Lessons/Swim Team				This schedule was last updated on 3/21/2024. Pool schedule may change for programming needs.		

Lap lanes will only be available during designated times. If 3 or more people are waiting for a lane, priority will go to those willing to circle swim. During open swim, children under the age of 13 years must have an adult present in the facility. Children under 7 years, or in need of assistive flotation, must have an adult in the water with them within arms distance, all others comfortable in the water may swim.

FAMILY EVENT:  
Dive-In Movie  
"The Sandlot"  
Fri., April 12, 2024  
5:45 - 7:30PM  
NO LAP LANES  
Register at member services for event.

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

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