

HUFF 4 WEEK CYCLE

WEEK 3	<p>CORN DOG GFS#620220</p> <p>SIDE SALAD-WILKENS</p> <p>ROMAINE LETTUCE</p> <p>GRAPE TOMATOES</p> <p>CUCUMBER</p> <p>BABY CARROTS</p> <p>SHREDDED CHEESE</p> <p>RANCH DRESSING</p> <p>BABY CARROTS-WILKENS</p> <p>ORANGE SLICES-WILKENS</p>	<p>Walking Nacho Grande</p> <p>RAW GROUND BEEF-GFS#330868</p> <p>TACO SEASONING-GFS#413429</p> <p>CHEESE SAUCE-GFS#135261</p> <p>REFRIED BEANS-GFS#293962</p> <p>SALSA-GFS#452841</p> <p>SOUR CREAM-100 ct-GFS#126400</p> <p>SHREDDED LETTUCE-GFS#451730</p> <p>NACHO CHIPS-GFS#696871</p> <p>RED AND GREEN GRAPES-WILKENS</p>	<p>SPAGHETTI W/MEATBALLS SERVED W/GARLIC TOAST</p> <p>MARINARA SAUCE-GFS#592714</p> <p>PASTA-GFS#835910</p> <p>CHICKEN MEATBALLS-GFS#190302</p> <p>GARLIC TOAST-GFS#277862</p> <p>GREEN BEANS-GFS#285630</p> <p>GRAPE TOMATOES-WILKENS</p>	<p>BREADED CHICKEN SANDWICH</p> <p>REGULAR-GFS#525480</p> <p>HAMBURGER BUNS-WILKENS</p> <p>SLICED AMERICAN CHEESE-GFS#247822</p> <p>LETTUCE-WILKENS</p> <p>TOMATO SLICES-WILKENS</p> <p>MAYO200CT-GFS#433744</p> <p>KETCHUP-1000ct-GFS#634610</p> <p>RANCH CUP-WILKENS</p> <p>FRENCH FRIES-WILKENS</p> <p>APPLE SLICES-WILKENS</p>	<p>ALL AMERICAN HOT DOG!</p> <p>BEEF HOT DOG-GFS#265039</p> <p>HOT DOG BUNS-GFS#517830</p> <p>KETCHUP -1000ct-GFS#634610</p> <p>MUSTARD-GFS#700051</p> <p>RELISH-GFS#449024</p> <p>BAKED BEANS-GFS#567091</p> <p>DICED PEACH CUPS-WILKENS</p>
Snacks	<p>½ cup Baby Carrots w/Ranch Milk</p>	<p>Fruit snacks Milk</p>	<p>Fresh Broccoli w/ ranch cup Milk</p>	<p>Popcorn Juice Milk</p>	<p>Popcorn Juice Milk</p>
WEEK 4	<p>SMOKEY HONEY BBQ BEEF RIB ON HAWAIIAN HOAGIE BUN!</p> <p>RIB-GFS#451410</p> <p>5" SLIB BUN</p> <p>GFS#276142</p> <p>PICKLES-GFS#149195</p> <p>RAW ONION-GFS#285371</p> <p>BAKED BEANS-GFS#567091</p> <p>PEACH CUPS- WILKENS</p>	<p>CLASSIC CHICKEN POPPER BOWL</p> <p>POPCORN CHICKEN-GFS#327120</p> <p>MASHED POTATOES-GFS#675031</p> <p>AMERICAN CHEESE FEATHERED-GFS#359572</p> <p>CORN-GFS#285620</p> <p>CHICKEN GRAVY-Wilkens/GFS#509717</p> <p>MANDARIN ORANGE-WILKENS</p>	<p>* TURKEY & CHEESE SANDWICHES</p> <p>TURKEY BREADST SLICES-GFS#563652</p> <p>SUB BUN-GFS#276142</p> <p>SLICED TOMATOES-WILKENS</p> <p>ROMAINE LETTUCE-WILKENS</p> <p>SLICED AMERICAN CHEESE-GFS#247822</p> <p>BABY CARROTS -WILKENS</p> <p>RANCH CUP-WILKENS</p> <p>MAYO-200CT-GFS#433744</p> <p>MUSTARD-GFS#700051</p> <p>APPLESAUCE-WILKENS</p>	<p>YOGURT PARFAIT W/GRAHAMZ</p> <p>YOGURT-GFS#811500</p> <p>GRAHAM CRACKER CRUMB-GFS#109568</p> <p>STRAWBERRIES-GFS#244630</p> <p>BLUEBERRIES-GFS#166720</p> <p>ZEEZEE'S GRAHAMZ-WAREHOUSE</p> <p>ROCKIN'OLA GRANOLA-WILKENS</p> <p>RED/GREEN GRAPES-WILKENS</p>	<p>ITALIAN PLATTER</p> <p>BREADED RAVIOLI-WILKENS</p> <p>BREADED MOZZERALLA STICKS-WILKENS</p> <p>MARINARA DIPPING SAUCE-WILKENS</p> <p>APPLE SLICES-GFS#473171</p>
Snacks	<p>Cereal bar Milk</p>	<p>Fruit snacks Milk</p>	<p>Fresh Broccoli w/ ranch cup Milk</p>	<p>Popcorn Juice Milk</p>	<p>Popcorn Juice Milk</p>

HUFF 4 WEEK CYCLE

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
	*ENTRÉE	*ENTRÉE	*ENTRÉE	*ENTRÉE	*ENTRÉE
WEEK 1	<p>* YANG'S MANDARIN ORANGE CHICKEN SERVED OVER RICE MANDARIN ORANGE CHICKEN-GFS#550512</p> <p>ASIAN WHITE RICE-GFS#699181</p> <p>Peas & Carrots: GFS#285730</p> <p>STEAMED CARROTS-WILKENS</p> <p>PINEAPPLE CUPS-WILKENS</p>	<p>CHEESY HAM & BROCCOLI PASTA CHEESE-GFS#135261</p> <p>TURKEY HAM- GFS#202150</p> <p>ELBOW PASTA- GFS#229941</p> <p>STEAMED BROCCOLI-GFS#610902</p> <p>RED AND GREEN GRAPES-WILKENS</p>	<p>TACOS!</p> <p>RAW GROUND BEEF-GFS#330868 413429</p> <p>TACO SEASONING-GFS#413429</p> <p>TORTILLA SHELLS GFS#713320</p> <p>SHREDDED CHEESE-GFS#606952</p> <p>REFRIED BEANS-GFS#293962</p> <p>SALSA-GFS#452841</p> <p>SOUR CREAM-100 ct-GFS#126400</p> <p>SPANISH WHITE RICE-GFS#699181</p> <p>SALSA-GFS#452841</p> <p>MANDARIN ORANGE-WILKENS</p>	<p>SOUTHERN OVEN FRIED! Drumsticks-GFS#603391</p> <p>CORNBREAD-GFS#579785</p> <p>CORN-GFS#119385</p> <p>DICED PEACHES-WILKENS</p>	<p>ALL BEEF HAMBURGER!</p> <p>HAMBURGER PATTY-GFS#179050</p> <p>HAMBURGER BUN- GFS#676151</p> <p>SLICED CHEESE-GFS#247822</p> <p>ROMAINE LETTUCE-WILKENS</p> <p>PICKLES-GFS#149195</p> <p>KETCHUP-1000ct-GFS#634610</p> <p>MUSTARD-GFS#700051</p> <p>GRAPE TOMATOES-WILKENS</p> <p>APPLE SLICES-GFS#473171</p>
Snacks	<p>½ cup Baby Carrots w/ Ranch Milk</p>	<p>Chips & Juice</p>	<p>Fruit snacks Milk</p>	<p>Fresh Broccoli w/ ranch cup Milk</p>	<p>Popcorn Juice Milk</p>
WEEK 2	<p>CHICKEN NUGGETS-GFS#394053</p> <p>5 each K-3</p> <p>7 each 4-6</p> <p>10 each 7-12</p> <p>BABY CARROTS-WILKENS</p> <p>APPLE SAUCE-WAREHOUSE</p> <p>RANCH CUPS-WILKENS</p> <p>KETCHUP-1000ct-GFS#634610</p> <p>MUSTARD-GFS#700051</p> <p>BBQ SAUCE CUPS-WILKENS</p>	<p>PHILLY CHEESESTEAK SANDWICH</p> <p>PHILLY BEEF STEAK W/GREEN PEPPER & ONION-GFS#593591</p> <p>2OZ K-3</p> <p>3OZ GRADE 4-8</p> <p>4OZ JHS & KHS</p> <p>SUB BUN</p> <p>MINI BUN K-3 GFS#535480</p> <p>6" BUN 4-8 GFS#230863</p> <p>8" CLUB GFS#227640</p> <p>CHEESE SAUCE-GFS#135271</p> <p>FRENCH FRIES-GFS#868961</p> <p>DICED PEACHES-WILKENS</p>	<p>CHICKEN ALFREDO OVER PASTA!</p> <p>DICED CHICKEN-GFS#570533</p> <p>CHEESE SAUCE-GFS#235631</p> <p>PENNE PASTA-GFS#460294</p> <p>MINCED GARLIC-GFS#874910</p> <p>GARLIC TOAST-GFS#277862</p> <p>FRESH STEAMED BROCCOLI-WILKENS</p> <p>RED AND GREEN GRAPES-WILKENS</p>	<p>PIZZA</p> <p>CHEESE-5" Deep dish GFS#841180</p> <p>Sliced 90 ct Wilkens/GFS#765080</p> <p>PEPPERONI-</p> <p>Sliced 90 ctGFS#765071</p> <p>Turkey Sausage & Cheese Square GFS#219122</p> <p>SIDE SALAD-WILKENS</p> <p>ROMAINE LETTUCE-WILKENS</p> <p>GRAPE TOMATOES- WILKENS</p> <p>CUCUMBER- WILKENS</p> <p>BABY CARROTS- WILKENS</p> <p>SHREDDED CHEESE- GFS#344721</p> <p>SALAD DRESSINGS-WILKENS</p> <p>MANDARIN ORANGE-WILKENS</p>	<p>HOMEMADE CHILI MAC</p> <p>ELBOW PASTA- GFS#229941</p> <p>CHILI-GFS#344012</p> <p>DICED TOMATOES-GFS#246131</p> <p>SHREDDED CHEESE-GFS#344721</p> <p>SOUR CREAM-100 ct-GFS#126400</p> <p>STEAMED CARROTS-WILKENS</p> <p>APPLE SLICES-GFS#473171</p>
Snacks	<p>Cereal bar Milk</p>	<p>Chips & Juice</p>	<p>Fruit snacks Milk</p>	<p>Fresh Broccoli w/ ranch cup Milk</p>	<p>Popcorn Juice Milk</p>