



MORNINGS

START TIMES	Most classes= 45 min					STUDIO LOCATION			Last edited 1/12/22
		MON	TUE	WED	THU	FRI	SAT	SUN	
5 AM		EARLY BIRD CYCLING MIKE 5:15 AM C		EARLY BIRD CYCLING MIKE 5:15 AM C		EARLY BIRD CYCLING MIKE 5:15 AM C			
8 AM							DESTINATION CYCLING:NYC SHAUN 8:15 AM **C		NYC CYCLE 1/15 \$2.50 MUSIC/PICS/ SNACK/DÉCOR
9:30 AM							SATURDAY CYCLE LINDSAY 9:30 AM C		

EVENINGS

Start times		MON	TUE	WED	THU	FRI	SAT	SUN	STUDIO LOCATION C Cycling
5:15		T3 Cycle DeAnna 5:15 C	Beat Ride Emily 5:15 C	T3 Cycle DeAnna 5:15 C	Beat Ride Emily 5:15 C				
6:30				Evening Cycle Shaun 6:30 C					Classes subject to change.