



# Kankakee Area YMCA Walker (Large) Pool Schedule October 5 - November 21, 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	ST 2 lanes Adult Open 2 lanes Lap Swim 2 lanes 7:00-8:00 am	
Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Water Exercise & Lap Swim (1 lane) 8:00-9:00 am	
Swim Lessons & Lap Swim (2 lanes) 9:00-10:00am	Swim Lessons & Lap Swim (1 lanes) 9:30am-11:00am	Swim Lessons Lap Swim (2 lanes) 9:00-10:45am	Open Swim Lap Swim (2 lanes) 9:15am-12:45pm	Open Swim & Lap Swim (2 Lanes) 9:00-12:15pm	Swim lessons Lap Swim (2 lanes) 9:00 - 11:15am	
Open Swim & Lap Swim (2 Lanes) 10am - 12:15pm	Teen Lessons Lap Swim (2 lanes) Open Swim (3 lane) 11am - 11:45am Open Swim & Lap Swim (2 Lanes) 11am - 12:45pm	Open Swim (2 lane) PS Swim (2 lane) Lap Swim (2 Lanes) 10:45am - 12:15pm			Open Swim (2 lane) Lap Swim (1 lane) 11:15am - 12:15pm	
Aqua Mix & Lap Swim (2 lanes) 12:15 - 1:15pm	Twinges & Lap Swim (1-2 lane) 12:45-2:00pm	Aqua Mix & Lap Swim (2 lanes) 12:15 - 1:15pm	Twinges & Lap Swim (1-2 lane) 12:45-2:00pm	Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Open Swim & Lap Swim (2 lane) 12:15pm - 3:30pm	
Open swim & Lap Swim (2 lanes) 1:15-2:45pm	Open Swim & Lap Swim (2 lanes) 2:00 - 2:45pm	Open swim & Lap Swim (2 lanes) 1:15-2:45pm	Open Swim & Lap Swim (2 lanes) 2:00 - 2:45pm	Open swim & Lap Swim (2 lanes) 1:15-2:45pm		
Open Swim 1-2 lane Lap Swim (1 Lane) ST (3-4 lane) 2:45pm - 5pm	Open Swim 1-2 lane Lap Swim (2 Lanes) ST 3-4 lane 2:45pm - 4:15pm Swim Lessons & Lap Swim (2 lanes) 4:00pm - 5pm	Open Swim 1-2 lane Lap Swim (1 Lane) ST (3-4 lane) 2:45pm - 5pm	Open Swim 1-2 lane Lap Swim (2 Lanes) ST 3-4 lane 2:45pm - 4:15pm Swim Lessons & Lap Swim (2 lanes) 4:00pm - 5pm	Lap Swim (2 Lane) ST (4 lane) 2:45pm - 5pm		
Swim Lessons 5pm - 6:30pm	Swim Lessons 5 - 5:45pm Swim Lessons Aqua X 5:45-6:30pm	Swim Lessons Lap Swim (2 lanes) 5pm - 6:30pm	Swim Lessons 5 - 5:45pm Swim Lessons Aqua X 5:45-6:30pm	Open Swim 2 lane Lap Swim 1 lane ST 2-3 lanes 5pm - 6:30pm	Due to COVID - 19, lap lanes will only be available during designated times and only 2 people per lane will be allowed. During open swim, children under the age of 13 years must have an adult present in the aquatic facility to promote social distancing. Children under 7 years, or in need of assistive flotation, must have an adult in the water with them within arms distance, all others comfortable in the water may swim.	
ST 3-4 lane Lap Swim 1 lane 6:30 - 7:45pm	ST 3 lane Lap Swim 1 lane RVSR 2 lane 6:30 - 7:30pm	ST 3 lane Lap Swim 1 lane Adult Lesson 2 lane 6:30 - 7:30pm	Teen Lessons ST 3-4 lane Lap Swim 1 lane 6:30 - 7:30pm	Open Swim Lap Swim (2 lane) 6:30 - 7:30pm		
Open Swim Lap Swim 7:30 - 8:30pm	Open Swim Lap Swim 7:30 - 8:30pm	Open Swim Lap Swim 7:30 - 8:30pm	Open Swim Lap Swim 7:30 - 8:30pm			
<b>Legend:</b> Blue = Lap Swim    Red = Open Swim    Green = Aqua Fitness Purple = Rentals    Black = Swim Lessons/Swim Team						<b>This schedule was last updated on 10/3/2020. Pool schedule may change for programming needs.</b>

*Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.*

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