



Kankakee Area YMCA Walker (Large) Pool Schedule September 7 - October 23, 2021



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (4 lanes) 7:00-8:00 am	
Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Water Exercise & Lap Swim (1 lane) 8:00-9:00 am	
Swim Lessons Lap Swim (2 lanes) 9:00am-9:45pm	Swim Lessons Lap Swim (1 lane) 9:15am - 11am	Open Swim Lap Swim (3 lanes) 9:00am-10:00am		Open Swim Lap Swim (3 lanes) 9:00am-12:15pm	Swim Lessons Lap Swim (1 lanes) 9:00-11:15am	
Open Swim Lap Swim (3 lanes) 9:45am - 12:15pm	Swim Lessons 11 - 11:45am Open Swim Lap Swim 11 - 12:45pm	Open Swim Lap Swim (3 lane) 10:00 - 10:45am	Lap Swim (3 lanes) Open Swim (3 lane) 9:30am - 12:45pm			
Aqua Mix & Lap Swim (2 lanes) 12:15 - 1:15pm	Twinges & Lap Swim (1-2 lane) 12:45-2:00pm	Aqua Mix & Lap Swim (2 lanes) 12:15 - 1:15pm	Twinges & Lap Swim (1-2 lane) 12:45-2:00pm	Aqua Mix & Lap Swim (2 lanes) 12:15 - 1:15pm	Open Swim Lap Swim (3 lane) 11:15 - 4pm	Open Swim (3 lane) Lap Swim (3 lane) 12:30 - 2:30pm
Open swim Lap Swim (3 lanes) 1:15 - 3:45pm	Splash! (6 lanes) Open (Deep end only) 2:00pm - 2:45pm Open Swim Lap Swim (3 lane) 2:45 - 3:45pm	Open swim Lap Swim (3 lanes) 1:15 - 3:45pm	Splash! (6 lanes) Open (Deep end only) 2:00pm - 2:45pm Open Swim Lap Swim (3 lane) 2:45 - 3:45pm	Open swim Lap Swim (2 lanes) 1:15-3:45pm		
Open swim Lap Swim (1 lane) Swim Team (3 lane) 3:45 - 4:55pm	Swim Lessons Lap Swim (1 lane) Swim Team (3 lane) 3:45 - 5:00pm	Open swim Lap Swim (1 lane) Swim Team (3 lane) 3:45 - 4:55pm	RVSR Lap Swim (1 lane) Swim Team (3 lane) 3:45 - 5:00pm	Open swim Lap Swim (1 lane) Swim Team (3 lane) 3:45 - 5:15pm		
Swim Lessons Lap Swim (1 lane) 4:55 - 6:30pm	Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm Aqua X (no instructor) 5:45-6:30pm	Swim Lessons Lap Swim (1 lane) 4:55 - 6:30pm	Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm Aqua X 5:45-6:30pm	Open Swim Lap Swim (3 lanes) 5:15 - 6:30pm	Due to COVID - 19, lap lanes will only be available during designated times and only 2 people per lane will be allowed. During open swim, children under the age of 13 years must have an adult present in the aquatic facility to promote social distancing. Children under 7 years, or in need of assistive flotation, must have an adult in the water with them within arms distance, all others comfortable in the water may swim.	
ST (3-4 lane) Open (1 - 2 lane) Lap Lane (1 lane) 6:30 - 7:45pm	Swim Team RVSR Lap Swim (1 lane) 6:30 - 7:15pm	ST (3 lane) Swim Lessons Lap Lane (1 lane) 6:30 - 7:15pm	Swim Team Swim Lessons Lap Swim (1 lane) 6:30 - 7:15pm			
Open Swim Lap Swim (3 lanes) 7:45 - 8:30pm	Swim Team 6:30 - 7:45pm Open Swim Lap Lane (2 lane) 7:15 - 8:30pm	Swim Team 6:30 - 7:45pm Open Swim Lap Lane (2 lane) 7:15 - 8:30pm	Swim Team 6:30 - 7:45pm Open Swim Lap Lane (2 lane) 7:15 - 8:30pm			
Legend: Blue = Lap Swim Red = Open Swim Green = Aqua Fitness Purple = Rentals Black = Swim Lessons/Swim Team						
					This schedule was last updated on 9/1/2021 . Pool schedule may change for programming needs.	

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

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