11/1/20 - 11/30/20

No Food/Drink, Gym Bags or Other Personal Items are allowed in the Gym!



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|--|--|---|---|--------|
| Open Gym 4:30am-9:00am | Open Gym 4:30am-9:00am | Open Gym 4:30am-9:00am | Open Gym 4:30am-9:00am | Open Gym 4:30am-9:00am | Open Gym 7:00am-9:00am Youth Basketball Scrimmages 9:00am-1:30pm | |
| Open Gym 9:00am-12:00pm | Open Gym 9:00am-11:00am | Open Gym 9:00am-12:00pm | Open Gym 9:00am-12:00pm | Open Gym 9:00am-12:00pm | | |
| Childcare Gym Time | Drop-in Pickleball 11:00am- 1:00pm | Childcare Gym Time | Childcare Gym Time | Childcare Gym Time 12:00pm-12:30pm | Drop-in Pickleball | |
| 12:00pm-12:30pm Open Gym 12:30pm-2:00pm | Open Gym 1:00pm – 2:00pm | 12:00pm-12:30pm Open Gym 12:30pm-2:00pm | 12:00pm-12:30pm Open Gym 12:30pm-2:00pm | Open Gym 12:30pm-2:00pm | 1:30pm-3:30pm Open Gym 3:30pm-4:45pm | |
| Open Gym 2:00pm-4:15pm | Childcare Gym Time 2:00pm – 3:00pm | Open Gym 2:00pm – 4:15pm | Open Gym 2:00pm – 4:15pm | Open Gym 2:00pm-4:15pm | | |
| Youth Basketball Scrimmages 4:15pm-7:30pm | Open Gym 3:00pm-6:30pm | Youth Basketball Practices 4:15pm-9:00pm | Youth Basketball Practices 4:15pm-9:00pm | Youth Basketball Scrimmages 4:15pm-8:00pm | | |
| Open Gym 7:30pm-9:45pm | Adult Volleyball Scrimmages 6:30pm-9:45pm | Open Gym 9:00pm-9:45pm | Open Gym 9:00pm-9:45pm | | | |

https://k3ymca.org/

https://www.facebook.com/KankakeeAreaYMCA/

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GYM SCHEDULE

For questions: Contact Sports Director Mike Curren

at mcurren@k3ymca.org