

QUEENAX Schedule

START DATE: 4/19/21



TIME	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5:00 AM		Queenax Circuit Queenax Studio Mike 5:15 AM - 6:00 AM		Queenax Circuit Queenax Studio Mike 5:15 AM - 6:00 AM			
8:00 AM		Queenax: Tabata Queenax Studio Deisy 8:45 AM - 9:30 AM				Queenax Barre Queenax Studio Lee Ann 9:15 AM - 10:00 AM	
6:30 PM	Queenax Circuit Queenax Studio Mike 5:30 PM - 6:15 PM				Queenax: TRX / Cardio Kickboxing Queenax Studio Candice 6:15 PM - 7:00 PM		