

QUEENAX Schedule

START DATE: 03/09/2020



TIME	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5:00 AM		Queenax Circuit Queenax Room Merissa Burns-Gray 5:15 AM - 6 AM		Queenax Circuit Queenax Room Merissa Burns-Gray 5:15 AM - 6 AM			
8:30 AM	Queenax Circuit Queenax Room Ashlie Coughlan 8:30 AM - 9:30 AM		Queenax Circuit Queenax Room Mollie Grizzle 8:30 AM - 9:30 AM		Queenax Circuit Queenax Room Laura Zens 8:30 AM - 9:30 AM		
10:00 AM						Queenax Circuit Queenax Room Laura Zens 10 AM - 11 AM	
5:00 PM	TRX Tabata Queenax Room TBA 5:00 PM - 5:30 PM						
5:30 PM		Queenax Circuit Queenax Room Laura Zens 5:30 PM - 6:15 PM		Queenax Circuit Queenax Room Laura Zens 5:30 PM - 6:15 PM			