

QUEENAX Schedule

START DATE: 12/6/19



TIME	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5:00 AM		Queenax Circuit Queenax Room Ashlie Coughlan 5:15 AM - 6 AM		Queenax Circuit Queenax Room Merissa Burns-Gray 5:15 AM - 6 AM			
8:30 AM	Queenax Circuit Queenax Room Ashlie Coughlan 8:30 AM - 9:30 AM		Queenax Circuit Queenax Room Mollie Grizzle 8:30 AM - 9:30 AM		Queenax Circuit Queenax Room Laura Zens 8:30 AM - 9:30 AM		
5:00 PM	TRX Tabata Queenax Room Aemilia Gray 5:00 PM - 5:30 PM						
5:30 PM		Queenax Circuit Queenax Room Laura Zens 5:30 PM - 6:15 PM		Queenax Circuit Queenax Room Laura Zens 5:30 PM - 6:15 PM			
6:30 PM		Queenax Circuit Queenax Room Tina Begley 6:30 PM - 7:30 PM		Queenax Circuit Queenax Room Tina Begley 6:30 PM - 7:30 PM			