



Kankakee Area YMCA Walker (Large) Pool Schedule April 21 - May 24, 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am		
					Adult Open & Lap Swim (4 lanes) 7:05-7:55am	
Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Water Exercise & Lap Swim (1 lane) 8:00-9:00 am	
Swim Lessons Lap Swim (3 lanes) 9:00am-10am	Swim Lessons Lap Swim (2 lane) 9:20am - 11 am	Open Swim Lap Swim (3 lanes) 9:05am-10:25am	Open Swim Lap Swim (3 lane) 9:20 - 10am	Splash! Open (deep only) 9:00am-10am	Swim Lessons Lap Swim (1 lane) 9:00am - 11:15am	
Open Swim Lap Swim (3 lanes) 11:00am - 12:25pm	Swim Lessons 11 - 11:45am Open Swim Lap Swim (2 Lane) 11 - 12:25pm	Open Swim Lap Swim (3 lanes) 11:00 - 12:25pm	Open Swim Lap Swim (3 lane) 11 - 12:25pm	Open Swim Lap Swim (3 lane) 11 - 12:25pm	Swim Lessons Open Swim (2 lane) Lap Swim (1 lane) 11:15 - 12 pm	
Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Twinges & Lap Swim (1 lane) 12:30-1:30pm				Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:25pm	
Open swim Lap Swim (3 lanes) 1:20 - 3:55pm	Open Swim (3 lane) Lap Swim (3 lane) 1:35 - 1:55pm		Open Swim (3 lane) Lap Swim (3 lane) 1:35 - 1:55pm		Open Swim (3 lane) Lap Swim (2 lane) Swim Lessons 1:15 - 3:10pm	
	Open Swim (3 lane) Lap Swim (3 lane) 2:40 - 3:55pm	Open Swim Lap Swim (2 lanes) 2:15 - 3:55pm	Open Swim (3 lane) Lap Swim (3 lane) 2:40 - 3:55pm	Open Swim Lap Swim (2 lanes) 2:15 - 3:55pm		
Lap Swim (2 lane) Swim Team (4 lane) 4:00 - 4:55pm	Swim Lessons Lap Swim (1 lane) Swim Team (3 lane) 4:00 - 5:00pm	Lap Swim (2 lane) Swim Team (4 lane) 4:00 - 4:55pm	Swim Lessons Lap Swim (1 lane) Swim Team (3 lane) 4:00 - 5:00pm	Open swim Lap Swim (1 lane) Swim Team (4 lane) 4:00 - 5:00pm	Lap lanes will only be available during designated times. If 3 or more people are waiting for a lane, priority will go to those willing to circle swim. During open swim, children under the age of 13 years must have an adult present in the facility. Children under 7 years, or in need of assistive flotation, must have an adult in the water with them within arms distance, all others comfortable in the water may swim.	
Swim Lessons Lap Swim (1 lane) 4:55 - 6:30pm	Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm	Swim Lessons Lap Swim (1 lane) 4:55 - 6:30pm	Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm	Swim Lessons 5 - 5:45pm		
ST (3 lane) Open/LG class (2 lane) Lap Lane (1 lane) 6:30 - 7:30pm	Swim Team (3 lane) Lap Swim (1 lane) Open Swim (1 lane) 6:30 - 7:15pm	ST (3 lane) Swim Lesson/LG Lap Swim (1 lane) 6:30 - 7:15pm	Swim Team (3 lane) Swim Lessons Lap Swim (1 lane) 6:30 - 7:30pm	Open Swim Lap Swim (2 lanes) 5:15 - 7:30pm		
Open/LG class Lap Swim (3 lanes) 7:35 - 8:30pm	Swim Team 6:30 - 7:30pm Open Swim Lap Lane (2 lane) 7:20 - 8:30pm	Swim Team 6:30 - 7:30pm Open Swim/LG Lap Lane (2 lane) 7:20 - 8:30pm	Swim Team 6:30 - 7:30pm Open Swim Lap Lane (2 lane) 7:35 - 8:30pm			
Legend: Blue = Lap Swim Red = Open Swim Green = Aqua Fitness Purple = Rentals Black = Swim Lessons/Swim Team				This schedule was last updated on 4/17/2025. Pool schedule may change for programming needs.		

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

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