



Kankakee Area YMCA Walker (Large) Pool Schedule December 29 - January 5, 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 7:00-8:00am	Adult Open & Lap Swim (5 lanes) 7:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (4 lanes) 7:00-8:00 am	
Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Aqua Strength (no instructor) Lap Swim (1 Lane) 8:00 - 9:00am	Aqua Strength (no instructor) Lap Swim (1 Lane) 8:00 - 9:00am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Water Exercise & Lap Swim (1 lane) 8:00-9:00am	Open Swim (2 lane) Lap Swim (2 lane) GSM ST (2 lane) 8:15 - 10am
Open Swim Lap Swim (3 lanes) 9:05am-11:55am	Open Swim Lap Swim (3 lane) 9:20 - 10am	Lap Swim (3 lanes) Open Swim (3 lane) 9:05 - 10:30am	Lap Swim (3 lanes) Open Swim (3 lane) 9:05 - 10:30am	Open Swim Lap Swim (3 lanes) 9:05am-12:25pm	Open Swim Lap Swim (3 lane) 9:05am - 4pm	
	Closed for Repairs 10am - 12pm					
	Open Swim Lap Swim (1 - 2 lane) 12 - 12:25					Open Swim (3 lane) Lap Swim (2 lane) Private Lessons 12:15 - 2:30pm
Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Twinges & Lap Swim (1 lane) 12:30-1:30pm			Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm		
Open swim (Ykids 1:45 - 2:45pm) Lap Swim (3 lanes) 1:20 - 3:40pm	Open Swim (Ykids 1:45 - 2:45pm) Lap Swim (3 lane) 1:35- 3:40pm			Open swim Lap Swim (2 lanes) 1:20-3:40pm		
Spec. Olym. ST Lap Swim (1 lane) ST (4 lane) 3:45 - 5:15pm	Open swim (1 lane) Lap Swim (1 lane) ST (4 lane) 3:45 - 5:15pm			Open swim Lap Swim (1 lane) Swim Team (4 lane) 3:45 - 5:15pm		
Open Swim Lap Swim (3 lane) 5:15 - 6:15pm	Open Swim Lap Swim (3 lane) 5:15 - 6:15pm			Open Swim Lap Swim (3 lanes) 5:20 - 7:30pm		
ST (4 lane) Open (1 lane) Lap Lane (1 lane) 6:15 - 7:45pm	ST (4 lane) Open (1 lane) Lap Lane (1 lane) 6:15 - 7:45pm					
Open Swim Lap Swim (3 lanes) 7:45 - 8:30pm	Open Swim Lap Swim (3 lanes) 7:45 - 8:30pm					
Legend: Blue = Lap Swim Red = Open Swim Green = Aqua Fitness Purple = Rentals Black = Swim Lessons/Swim Team				This schedule was last updated on 12/26/2025. Pool schedule may change for programming needs.		

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

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