



Kankakee Area YMCA Walker (Large) Pool Schedule

February 23 - March 1, 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (4 lanes) 7:05-7:55am	
Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Water Exercise & Lap Swim (1 lane) 8:00-8:45 am	Open Swim (3 lane) Lap Swim (3 lane) 8:15 - 10am
Swim Lessons Lap Swim (2 lanes) 9:00am-9:45am	Swim Lessons Lap Swim (2 lane) 9:20am - 11am		Open Swim Lap Swim (3 lane) 9:20 - 9:50am	Splash! Deep End Open 9:00am - 9:50am	Swim Lessons 8:45am - 9:45am	
Splash! Lap Swim (1 lanes) 9:50am - 10:50am	Swim Lessons 11 - 11:45am Open Swim Lap Swim (2 Lane) 11 - 12:25pm	Open Swim Lap Swim (3 lanes) 9:05am-12:25pm	Splash! Lap Swim (1 lanes) 9:50am - 10:50am	Open Swim Lap Swim (3 lanes) 9:05am-12:25pm	Swim Lessons Lap Swim (1 lane) 9:45 - 11:15am	
Open Swim Lap Swim (3 lanes) 10:50 - 12:25pm			Open Swim Lap Swim (3 lane) 10:50 - 12:25pm		Open Swim Lap Swim (2 lane) 11:15 - 12pm	
Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Twinges & Lap Swim (1 lane) 12:30-1:30pm	Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Twinges & Lap Swim (1 lane) 12:30-1:30pm	Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Open Swim Lap Swim (2 lane) 12:05 - 4pm	Open Swim (3 lane) Lap Swim (2 lane) Private Lessons 12:15 - 2:30pm
Open swim Lap Swim (2 lanes) 1:20 - 3:25pm	Open Swim Lap Swim (1 lane) 2:20-4:10pm Swim Team 3:45 - 4:55pm	Open swim Lap Swim (3 lanes) 1:20 - 3:25pm	Open Swim Lap Swim (1 lane) 2:20-4:10pm Swim Team 3:45 - 4:55pm	Open swim Lap Swim (3 lanes) 1:20-3:25pm		
Lap Swim (1 lane) Swim Team (4 lane) Spec. Olym. (1 lane) 3:45 - 4:55pm	Swim Lessons Swim Team 4:15 - 5:00pm	Lap Swim (1 lane) Swim Team (4 lane) Spec. Olym. (1 lane) 3:30 - 4:55pm	Lap Swim (1 lane) Swim Team Open Swim (1 lane) 4:15 - 5:00pm	Lap Swim (1 lane) Swim Team (4 lane) Open Swim (1 lane) 3:30 - 5:15pm		
Swim Lessons Lap Swim (1 lane) 4:55 - 6:30pm	Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm Aqua Mix 5:45-6:30pm	Swim Lessons Lap Swim (1 lane) 4:55 - 6:30pm	Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm Cardio Kickbox 5:45-6:30pm	Open Swim Lap Swim (3 lanes) 5:15 - 7:30pm	<p>If no patrons are present 30 minutes prior to closing on any day, lifeguards will close the Walker Aquatic Facility early.</p> <p>Lap lanes will only be available during designated times. Please observe lap lane etiquette: if 3 or more people are wishing to swim laps, circle swimming will need to be observed. Preference will be given to lappers willing to share a lane.</p> <p>During open swim, children under 7 years, or in need of assistive flotation, must have an adult in the water with them within arms distance, all others comfortable in the water may swim.</p> <p>All swimmers must shower in the locker room prior to entering the pool.</p>	
Swim Lessons Swim Team LG Class 6:30 - 7:45pm	Swim Team (4 lane) Open Swim (1 lane) Lap Swim (1 lane) 6:30 - 7:15pm	ST (3 lane) Swim Lesson Lap Swim (1 lane) 6:30 - 7:15pm	Swim Team (3 lane) Swim Lessons 6:30 - 7:30pm			
Open Swim (begin 7:35pm) Lap Swim (2 lanes) LG Class 7:45 - 8:30pm	Swim Team 6:30 - 7:45pm Open Swim Lap Lane (2 lane) 7:20 - 8:30pm	Swim Team 6:30 - 7:45pm Open Swim Lap Lane (2 lane) 7:20 - 8:30pm	Swim Team 6:30 - 7:45pm Open Swim Lap Lane (2 lane) 7:35 - 8:30pm			
<p>Legend: Blue = Lap Swim Red = Open Swim Green = Aqua Fitness Purple = Rentals Black = Swim Lessons/Swim Team</p>				<p>This schedule was last updated on 2/22/2026. Pool schedule may change for programming needs.</p>		

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

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