



Kankakee Area YMCA Walker (Large) Pool Schedule September 7 - 13, 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am			
Adult Open Lap Swim (5 lanes) 7:00am - 8:00am					Adult Open & Lap Swim (4 lanes) 7:00-8:00 am	Open Swim (3 lane) Lap Swim (3 lane) 8:15 - 10am	
Deep Water (no instructor) Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Water Exercise & Lap Swim (1 lane) 8:00-9:00am		
Open Swim Lap Swim 9:05 - 10:30am	Open Swim Swim Lessons Lap Swim (2 lane) 9:20 - 10:10am	Open Swim Lap Swim (3 lane) 9:05 - 10:10am	Open Swim Lap Swim (3 lane) 9:20 - 12:25pm	Open Swim Lap Swim (3 lane) 9:05 - 10:10am	Swim Lessons Lap Swim (1 lane) 9 - 11:15am		
	Swim Lessons Lap Swim (2 lane) 10:15 - 11:30am	Splash! Lap Swim (1 lane) 10:15 - 11am		Splash! Lap Swim (1 lane) 10:15 - 11am		Open Swim Lap Swim (3 lane) 11:20 - 4pm	Open Swim (3 lane) Lap Swim (2 lane) Private Lessons 12:05 - 2:30pm
	Open Swim Lap Swim 11:35 - 12:25pm	Open Swim Lap Swim (3 lane) 11:05 - 12:25pm		Open Swim Lap Swim (3 lane) 11:05 - 12:25pm			
	Twinges & Lap Swim (1 lane) 12:30-1:30pm	Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Twinges & Lap Swim (1 lane) 12:30-1:30pm	Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm			
	Splash! Lap Swim (1 lane) 1:30 - 2:15pm		Splash! Lap Swim (1 lane) 1:30 - 2:15pm		If no patrons are present 30 minutes prior to closing on any day, lifeguards will close the Walker Aquatic Facility early.		
	Open Swim Lap Swim (3 lane) 2:20 - 5:25pm	Open Swim Lap Swim (3 lane) 1:20 - 4:55pm	Open Swim Lap Swim (3 lane) 2:20 - 5:25pm	Lap Swim (3 lane) Open Swim (3 lane) 1:20 - 5:10pm			
	Lap Swim (1 lane) 5:30 - 6:30pm Aqua X 5:45 - 6:30pm	Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm	Lap Swim (1 lane) 5:30 - 6:30pm Aqua Cardio Kick 5:45 - 6:30pm	Swim Team Lap Swim (3 lane) 5:15 - 6:30pm		Lap lanes will only be available during designated times. Please observe lap lane etiquette: if 3 or more people are wishing to swim laps, circle swimming will need to be observed. Preference will be given to lappers willing to share a lane. During open swim, children under 7 years, or in need of assistive flotation, must have an adult in the water with them within arms distance, all others comfortable in the water may swim. All swimmers must shower in the locker room prior to entering the pool.	
	Swim Lessons Swim Team Lap Swim (1 lane) 6:30 - 7:30pm	Swim Lessons Swim Team Lap Swim (1 lane) 6:30 - 7:30pm	Swim Lessons Swim Team Lap Swim (1 lane) 6:30 - 7:30pm	Open Swim Lap Swim (3 lane) 6:35 - 7:30pm			
	Open Swim Lap Swim (3 lane) 7:35 - 8:30pm	Open Swim Lap Swim (3 lane) 7:35 - 8:30pm	Open Swim Lap Swim (3 lane) 7:35 - 8:30pm				
	Legend: Blue = Lap Swim Red = Open Swim Green = Aqua Fitness Purple = Rentals Black = Swim Lessons/Swim Team				This schedule was last updated on 9/03/2026. Pool schedule may change for programming needs.		

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

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