



Kankakee Area YMCA Walker (Large) Pool Schedule May 19 - May 26, 2024



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|---|--|---|--|---|--|
| Adult Open & Lap Swim (5 lanes) 5:00-8:00am | Adult Open & Lap Swim (5 lanes) 5:00-8:00am | Adult Open & Lap Swim (5 lanes) 5:00-8:00am | Adult Open & Lap Swim (5 lanes) 5:00-8:00am | Adult Open & Lap Swim (5 lanes) 5:00-8:00am | Adult Open & Lap Swim (4 lanes) 7:00-7:55am | |
| Deep Water Lap Swim (1 Lane) 8:15 - 9:00am | Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am | Deep Water Lap Swim (1 Lane) 8:15 - 9:00am | Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am | Deep Water Lap Swim (1 Lane) 8:15 - 9:00am | Water Exercise & Lap Swim (1 lane) 8:00-9:00 am | Adult Open Lap Swim (2 lane) 8:15 - 9:55am |
| Open Swim Lap Swim (3 lanes) 9:05am - 11:55am | Open Swim Lap Swim 9:20 - 12:25pm | Open Swim Lap Swim (3 lanes) 9:05am-12:25pm | Open Swim Lap Swim (3 lanes) 9:20am-12:25pm | Open Swim Lap Swim (3 lanes) 9:05am-12:25pm | Swim Lessons Lap Swim (1 lane) 9:00am - 11:15am | Open Swim (3 lane) Lap Swim (2 lane) Swim Lessons 12:30 - 1:40pm |
| Aqua Mix & Lap Swim (2 lanes) 12:00 - 12:45pm | Twinges & Lap Swim (1-2 lane) 12:30-1:30pm | Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm | Twinges & Lap Swim (1-2 lane) 12:30-1:30pm | Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm | Swim Lessons Open Swim (2 lane) Lap Swim (1 lane) 11:15 - 12pm | Open Swim (3 lane) Lap Swim (1 lane) Swim Lessons 1:45 - 2:15pm |
| Open swim Lap Swim (3 lanes) 12:50 - 3:55pm | Open Swim Lap Swim (3 lane) 1:35 - 3:55pm | Open swim Lap Swim (3 lanes) 1:20 - 3:55pm | Open Swim Lap Swim (3 lane) 1:35 - 3:55pm | Open swim Lap Swim (2 lanes) 1:20-3:55pm | Open Swim Lap Swim (3 lane) 12:05 - 4pm | Open Swim (3 lane) Lap Swim (2 lane) Swim Lessons 2:20 - 3:30pm |
| Spec. Olym. (1 lane) Lap Swim (1 lane) Swim Team (4 lane) 4:00 - 5pm | Swim Lessons Lap Swim (1 lane) Swim Team (3 lane) 4:00 - 5:00pm | Spec. Olym. (1 lane) Lap Swim (1 lane) Swim Team (3 lane) 4:00 - 4:55pm | Swim Lessons Lap Swim (1 lane) Swim Team (3 lane) 4:00 - 5:00pm | Open swim Lap Swim (1 lane) Swim Team (3 lane) 4:00 - 5:00pm | SATURDAY, JUNE 1, 2024 Swan Pool open 9:30AM - Swim meet is over or 3:30PM (whichever is earlier). | |
| Lap Swim (3 lane) Open Swim (3 lane) 5:05 - 6:25pm | Swim Lessons Lap Swim (1 lane) Open Swim (2 lane) 5:05 - 6:25pm | Swim Lessons Lap Swim (1 lane) Open Swim (2 lane) 5:05 - 6:25pm | Swim Lessons Lap Swim (1 lane) Open Swim (2 lane) 5:05 - 6:25pm | Swim Lessons Lap Swim (1 lane) Open Swim (2 lane) 5:05 - 6:25pm | Lap lanes will only be available during designated times. If 3 or more people are waiting for a lane, priority will go to those willing to circle swim. During open swim, children under the age of 13 years must have an adult present in the facility. Children under 7 years, or in need of assistive flotation, must have an adult in the water with them within arms distance, all others comfortable in the water may swim. | |
| ST (3-4 lane) Open (1 lane) Lap Lane (1 lane) 6:30 - 7:30pm | Swim Team (4 lane) Open (1 lane) Lap Swim (1 lane) 6:30 - 7:30pm | ST (3-4 lane) Open (1 lane) Lap Lane (1 lane) 6:30 - 7:30pm | Swim Team (4 lane) Open (1 lane) Lap Swim (1 lane) 6:30 - 7:30pm | | | |
| Open Swim Lap Swim (3 lanes) 7:35 - 8:30pm | Open Swim Lap Lane (2 lane) 7:35 - 8:30pm | Open Swim Lap Swim (3 lanes) 7:35 - 8:30pm | Open Swim Lap Lane (2 lane) 7:35 - 8:30pm | | | |
| Legend: Blue = Lap Swim Red = Open Swim Green = Aqua Fitness Purple = Rentals Black = Swim Lessons/Swim Team | | | | | | |
| | | | | | This schedule was last updated on 5/18/2024. Pool schedule may change for programming needs. | |

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

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