

Kankakee Area YMCA Walker (Large) Pool Schedule

August 21 - 27, 2023



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-6:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (4 lanes) 7:00–8:00 am	
Deep Water Lap Swim (1 Lane) 8:15 - 9:00am		Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 – 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Water Exercise & Lap Swim (1 lane) 8:00-9:00am	
Open Swim Lap Swim (3 Ianes) 9:00am-12:15pm		Open Swim Lap Swim (3 Ianes) 9:00am-12:15pm	Lap Swim (3 lanes) Open Swim (3 lane) 9:30am - 12:45pm	Open Swim Lap Swim (3 Ianes) 9:00am-12:15pm	Swim Lessons Lap Swim (1 lane) 9:00 - 11:15am	
Aqua Mix & Lap Swim (2 lanes) 12:15 - 1:15pm	CLOSED FOR REPAIRS	Aqua Mix & Lap Swim (2 lanes) 12:15 - 1:15pm	Twinges & Lap Swim (1-2 lane) 12:45-2:00pm	Aqua Mix & Lap Swim (2 lanes) 12:15 - 1:15pm	Open Swim (3 lane) Lap Swim (3 lane) 11:15am - 4:00pm	Open Swim (3 lane) Lap Swim (3 lane) 12:30 - 2:30pm
Open swim	6:00am - Close (Swan will be open during repairs)	Open swim	Open Swim 2 Jane	Open swim Lap Swim (2 lanes) 1:15-6:30pm		
Lap Swim (3 Ianes) 1:15 - 8:30PM		Lap Swim (3 Ianes) 1:15 - 8:30PM	Open Swim 3 lane Lap Swim 3 Lanes 2:00pm - 8:30pm		Lap lanes will only be available during designated times. Please observe lap lane etiquette: if 3 or more people are wishing to swim laps, circle swimming will need to be observed. During open swim, children under the age of 13 years must have an adult present in the facility. Children under 7 years, or in need of assistive flotation, must have an adult in the water with them within arms distance, all others comfortable in the water may swim. All swimmers must shower in the locker room prior to entering the pool.	
Blue = Lap Swi Purple = I	This schedule was last updated on 8/16/2023. Pool schedule may change for programming needs.					

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.