



# Kankakee Area YMCA Walker (Large) Pool Schedule June 6 - July 9, 2022



| Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  | Sunday  |
|---|--|--|---|---|---|---|
| Adult Open & Lap Swim (5 lanes)<br>5:00-8:00am  | Adult Open & Lap Swim (5 lanes)<br>5:00-8:00am                       | Adult Open & Lap Swim (5 lanes)<br>5:00-8:00am                           | Adult Open & Lap Swim (5 lanes)<br>5:00-8:00am                      | Adult Open & Lap Swim (5 lanes)<br>5:00-8:00am  | Adult Open & Lap Swim (4 lanes)<br>7:00-8:00 am                                     |   |
| Deep Water Lap Swim (1 Lane)<br>8:15 - 9:00am   | Aqua Strength Lap Swim (1 Lane)<br>8:15 - 9:15am                     | Deep Water Lap Swim (1 Lane)<br>8:15 - 9:00am                            | Aqua Strength Lap Swim (1 Lane)<br>8:15 - 9:15am                    | Deep Water Lap Swim (1 Lane)<br>8:15 - 9:00am   | Water Exercise & Lap Swim (1 lane)<br>8:00-9:00 am                                  | Adult Open Lap Swim (3 lanes)<br>8:15 - 10:00am                           |
| Swim Lessons Lap Swim (1-2 Lanes)<br>9am - 11:15am  | Swim Lessons Lap Swim (1-2 lanes)<br>9:15am-11:00am                  | Swim Lessons Lap Swim (1-2 Lanes)<br>9am - 11:15am                       | Swim Lessons Lap Swim (1-2 lanes)<br>9:15am-11:00am                 | Adult Open Lap Swim (3 lanes)<br>9:00am-10:00am   | Swim Lessons Lap Swim (1 lane) 9:00 - 11:15am                                       |   |
| Open Swim 1-2 lane Lap Swim 1-2 lane<br>Comp. Swim 2-3 lane<br>11:15 - 12:25pm  | Swim Lessons Open Swim (2 lane) Lap Swim (2 lane)<br>11:00 - 12:45pm | Open Swim 2 lane Lap Swim 2 lane<br>Comp. Swim 2 lane<br>11:15 - 12:25pm | Lap Swim (3 lanes) Open Swim (3 lane)<br>11:00am - 12:45pm          | Open Swim (3 lane) Lap Swim (3 Lanes)<br>10:00am - 12:25pm                                  |   |   |
| Aqua Mix & Lap Swim (2 lanes)<br>12:25 - 1:20pm   | Twinges & Lap Swim (1-2 Lane)<br>12:45-2:00pm                        | Aqua Mix & Lap Swim (2 lanes)<br>12:25 - 1:20pm                          | Twinges & Lap Swim (1-2 lane)<br>12:45-2:00pm                       | Aqua Mix & Lap Swim (2 lanes)<br>12:25 - 1:20pm   | Open Swim (3 lane) Lap Swim (3 lane)<br>11:15am - 4:00pm                            | Open Swim (3 lane) Lap Swim (3 lane)<br>12:30 - 3:30pm                    |
| Open Swim Lap Swim (2 lane)<br>1:20 - 2:00pm  |  | Open Swim Lap Swim (2 lane)<br>1:20 - 2:00pm                             |   | Open Swim Lap Swim (2 lane)<br>1:20 - 2:00pm  |   |   |
| Camp lessons Lap Swim (1 lane)<br>2:00 - 4:00pm   | Camp Swim Open Swim Lap Swim (2 lanes)<br>2:00 - 4:00pm              | Open Swim Camp lessons Lap Swim (2 lane)<br>2:00 - 4:00pm                | Camp Swim Open Swim Lap Swim (2 lanes)<br>2:00 - 4:00pm             | Open Swim Camp lessons Lap Swim (2 lane)<br>2:00 - 4:00pm                                   | Walker Pool will be closed on 6/25/22 for a Water Polo tournament from 12:45 - 4PM. | Schedule will be modified on July 2 and July 4th for the holiday weekend. |
| Open Swim Lap Swim (2-3 lane)<br>4:00 - 4:55pm  | Comp. Lessons Swim Lessons Lap Swim (1 Lane)<br>4:00 - 5:00pm        | Open Swim Lap Swim (3 lane)<br>4:00 - 4:55pm                             | Comp. Lessons Swim Lessons Lap Swim 2 Lanes<br>4:00 - 5:00pm        |   | Comp. Swim Open Swim (2 lane) Lap Swim (2 lane)<br>4:00 - 6:30pm                    |   |
| Swim Lessons Lap Swim (1 Lane)<br>5:00 - 6:30pm   | Swim Lessons Lap Swim (1 lane)<br>5:00 - 6:30pm                      | Swim Lessons Lap Swim (1 Lane)<br>5:00 - 6:30pm                          | Swim Lessons Lap Swim (1 lane)<br>5:00 - 6:30pm                     | Swim Lessons Lap Swim (1 lane)<br>5:00 - 6:30pm   |   |   |
| Open Swim (1-2 lane) Lap Swim (1 lane)<br>Comp. Swim (2-3)<br>6:30 - 7:30pm   | Swim Lessons Lap Swim (1 lane)<br>Comp. Swim (2-3)<br>6:30 - 7:30pm  | Swim Lessons Lap Swim (1 lane)<br>Comp. Swim (2-3)<br>6:30 - 7:30pm      | Swim Lessons Lap Swim (1 lane)<br>Comp. Swim (2-3)<br>6:30 - 7:30pm |   |   |   |
| Open Swim (3 lane) Lap Swim (3 lane)<br>7:30 - 8:30pm   | Open Swim (3 lane) Lap Swim (3 lane)<br>7:30 - 8:30pm                | Open Swim (2 lane) Lap Swim (2 lane)<br>7:30 - 8:30pm                    | Open Swim (3 lane) Lap Swim (3 lane)<br>7:30 - 8:30pm               |   |   |   |
| Legend:<br>Blue = Lap Swim    Red = Open Swim    Green = Aqua Fitness<br>Purple = Rentals    Black = Swim Lessons/Swim Team |  |  |   | This schedule was last updated on 6/5/2022. Pool schedule may change for programming needs. |   |   |

During open swim, children under the age of 13 years must have an adult present in the aquatic facility to promote social distancing. Children under 7 years, or in need of assistive flotation, must have an adult in the water with them within arms distance, all others comfortable in the water may swim. Inflatable water wings are not permitted in the pools.

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

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