



# Kankakee Area YMCA Walker (Large) Pool Schedule May 3 - May 30, 2021



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Adult Open &amp; Lap Swim (5 lanes)</b> 5:00-8:00am	<b>Adult Open &amp; Lap Swim (5 lanes)</b> 5:00-8:00am	<b>Adult Open &amp; Lap Swim (5 lanes)</b> 5:00-8:00am	<b>Adult Open &amp; Lap Swim (5 lanes)</b> 5:00-8:00am	<b>Adult Open &amp; Lap Swim (5 lanes)</b> 5:00-8:00am	<b>Adult Open &amp; Lap Swim (4 lanes)</b> 7:00-8:00 am	
Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Water Exercise & Lap Swim (1 lane) 8:00-9:00 am	
Swim Lessons & Lap Swim (2 lanes) 9:00-10:00am	Swim Lessons & Lap Swim (1 lanes) 9:30am-11:00am	<b>Open Swim</b> Lap Swim (2 lanes) 9:00-10:45am PS Swim (2 lane) 10am - 10:45am	<b>Open Swim</b> Lap Swim (2 lanes) 9:15am-12:45pm	<b>Open Swim &amp; Lap Swim (2 Lanes)</b> 9:00-12:15pm PS Swim (2 lane) 10 - 10:45am	Swim lessons 9:00 -9:45am	
Preschool Swim 10am - 10:45am <b>Open Swim (2 Lanes)</b> 10am - 12:15pm	Teen Lessons Lap Swim (2 lanes) <b>Open Swim (3 lane)</b> 11am - 11:45am <b>Open Swim &amp; Lap Swim (2 Lanes)</b> 11am - 12:45pm	<b>Open Swim (3 lane)</b> Lap Swim (3 Lanes) 10:45am - 12:15pm			<b>Swim Lessons Lap Lane (1 lane)</b> 9:45 - 11:15am	
Aqua Mix & Lap Swim (2 lanes) 12:15 - 1:15pm	Twinges & Lap Swim (1-2 lane) 12:45-2:00pm	Aqua Mix & Lap Swim (2 lanes) 12:15 - 1:15pm	Twinges & Lap Swim (1-2 lane) 12:45-2:00pm	Aqua Mix & Lap Swim (2 lanes) 12:15 - 1:15pm	<b>Open Swim (3 lane)</b> Lap Swim (3 lane) 11:15am - 3:30pm	
<b>Open swim</b> Lap Swim (2 lanes) 1:15-2:45pm	Splash (2 lanes) <b>Open Swim 2 lanes</b> Lap Swim (2 lanes) 2:00 - 3:45pm	<b>Open swim &amp; Lap Swim (2 lanes)</b> 1:15-2:45pm	Splash (2 lanes) <b>Open Swim 2 lanes</b> Lap Swim (2 lanes) 2:00 - 3:45pm	<b>Open swim &amp; Lap Swim (2 lanes)</b> 1:15-2:45pm		
<b>Open Swim 1-2 lane</b> Lap Swim (1 Lane) 2:45 - 4:00pm	ST (2 -3 lane) Swim Lessons Lap Swim (1 lanes) 4:00pm - 5pm	<b>Open Swim 1-2 lane</b> Lap Swim (1 Lane) Lessons 3-4 lanes 4pm - 5pm	Swim Lessons Lap Swim (1 lanes) 4:00pm - 6:30pm	<b>Open Swim 1-2 lane</b> Lap Swim (1 Lane) Kids 2:45pm - 4pm		
Swim Lessons Lap Swim (1 lane) 5pm - 6:30pm	Swim Lessons Lap Swim (1 lane) 5 - 6:30pm Aqua Kick Boxing 5:45-6:30pm	Swim Lessons Lap Swim (1 lane) 5pm - 6:30pm	Swim Lessons Aqua Mix 5:45-6:30pm	<b>Open Swim 2 lane</b> Lap Swim 1 lane Comp. Lessons 4pm - 6:00pm		
Compitve Lessons Lap Swim 1 lane <b>Open Swim 1-2 lane</b> 6:30 - 7:30pm	Comp. Lessons Lap Swim 1 lane 6:30 - 7:45pm	Compitve Lessons Lap Swim 1 lane <b>Open Swim 1-2 lane</b> 6:30 - 7:30pm	Comp. Lessons Lap Swim 1 lane Teen Lessons 6:30 - 7:30pm	<b>Open Swim Lap Swim (2 lane)</b> 6:00 - 7:30pm		
<b>Open Swim (3 lane)</b> Lap Swim (3 lane) 7:30 - 8:30pm	<b>Open Swim (3 lane)</b> Lap Swim (3 lane) 7:30 - 8:30pm	<b>Open Swim (3 lane)</b> Lap Swim (3 lane) 7:30 - 8:30pm	<b>Open Swim (2 lane)</b> Lap Swim (2 lane) 7:30 - 8:30pm			
<b>Legend:</b> Blue = Lap Swim    Red = Open Swim    Green = Aqua Fitness Purple = Rentals    Black = Swim Lessons/Swim Team				<b>This schedule was last updated on 4/2/2021. Pool schedule may change for programming needs.</b>		

Due to COVID - 19, lap lanes will only be available during designated times and only 2 people per lane will be allowed. During open swim, children under the age of 13 years must have an adult present in the aquatic facility to promote social distancing. Children under 7 years, or in need of assistive flotation, must have an adult in the water with them within arms distance, all others comfortable in the water may swim.

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

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