



# Kankakee Area YMCA Walker (Large) Pool Schedule January 8 - February 18, 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (4 lanes) 7:00-7:55am	
Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Water Exercise & Lap Swim (1 lane) 8:00-9:00 am	Spec. Olym. (2 lane) Adult Open (2 lane) Lap Swim (2 lane) 8:15 - 10am
Swim Lessons Lap Swim (2 lanes) 9:00am-10:30am	Swim Lessons Lap Swim (1 lane) 9:15am - 11am	Open Swim Lap Swim (3 lanes) 9:00am-12:25pm	Open Swim Lap Swim (3 lanes) 9:20am-12:25pm	Open Swim Lap Swim (3 lanes) 9:05am-12:25pm	Swim Lessons Lap Swim (1 lane) 9:00am - 11:15am	
Open Swim Lap Swim (3 lanes) 10:35am - 11:55am	Swim Lessons 11 - 11:45am Open Swim Lap Swim 11 - 12:25pm				Swim Lessons Open Swim (2 lane) Lap Swim (2 lane) 11:15 - 12pm	
Aqua Mix & Lap Swim (2 lanes) 12:00 - 12:45pm	Twinges & Lap Swim (1-2 lane) 12:30-1:30pm	Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Twinges & Lap Swim (1-2 lane) 12:30-1:30pm	Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Open Swim Lap Swim (3 lane) 12:05 - 4pm	Open Swim (3 lane) Lap Swim (3 lane) 12:30 - 3:30pm
Open swim Lap Swim (3 lanes) 12:50 - 3:40pm	Open Swim Lap Swim (3 lane) 1:35 - 3:45pm	Open swim Lap Swim (3 lanes) 1:20 - 3:40pm	Open Swim Lap Swim (3 lane) 1:35 - 3:45pm	Open swim Lap Swim (2 lanes) 1:20-3:45pm	Swim Meet 11:30 - 4:30pm (Swan Pool will be open until end of meet)	
Spec. Olym. (1 lane) Lap Swim (1 lane) Swim Team (4 lane) 3:45 - 4:55pm	Swim Lessons Lap Swim (1 lane) Swim Team (3 lane) 3:45 - 5:00pm	Open swim Lap Swim (1 lane) Swim Team (3 lane) 3:45 - 4:55pm	Swim Lessons Lap Swim (1 lane) Swim Team (3 lane) 3:45 - 5:00pm	Open swim Lap Swim (1 lane) Swim Team (3 lane) 3:45 - 5:15pm		
Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm	Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm Open Swim (1-2 lanes) 5:50-6:25pm	Swim Lessons Lap Swim (1 lane) 4:55 - 6:30pm	Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm Open Swim (1-2 lanes) 5:50-6:25pm	Open Swim Lap Swim (3 lanes) 5:15 - 7:30pm		
ST (3 lane) LG Class (1 lane) Open (1 lane) Lap Lane (1 lane) 6:30 - 7:45pm	Swim Team (3 lane) RVSR (2 lane) Lap Swim (1 lane) 6:30 - 7:15pm	ST (3 lane) Lap Swim (1 lane) Swim Lesson 6:30 - 7:15pm	Swim Team (3 lane) Lap Swim (1 lane) 6:30 - 7:30pm			
Open Swim Lap Swim (3 lanes) LG Class 7:45 - 8:30pm	Swim Team 6:30 - 7:45pm Open Swim Lap Lane (2 lane) Lap Lane (2 lane) 7:15 - 8:30pm	ST 6:30 - 7:45pm Open Swim Lap Lane (2 lane) Spec. Olym. (2 lane) 7:15 - 8:30pm	Swim Team 6:30 - 7:45pm Open Swim Lap Lane (2 lane) 7:35 - 8:30pm			
Legend: Blue = Lap Swim    Red = Open Swim    Green = Aqua Fitness Purple = Rentals    Black = Swim Lessons/Swim Team				This schedule was last updated on 1/5/2024. Pool schedule may change for programming needs.		

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

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