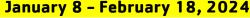


Kankakee Area YMCA Walker (Large) Pool Schedule January 8 - February 18, 2024





N. N. S.	_					Tu.
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 lanes) 5:00-8:00am	Adult Open & Lap Swim (5 Ianes) 5:00-8:00am	Adult Open & Lap Swim (5 Ianes) 5:00-8:00am	Adult Open & Lap Swim (5 Ianes) 5:00-8:00am	Adult Open & Lap Swim (4 lanes) 7:00-7:55am	
Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Aqua Strength Lap Swim (1 Lane) 8:15 - 9:15am	Deep Water Lap Swim (1 Lane) 8:15 - 9:00am	Water Exercise & Lap Swim (1 lane) 8:00-9:00 am	Spec. Olym. (2 lane) Adult Open (2 lane) Lap Swim (2 lane) 8:15 - 10am
Swim Lessons Lap Swim (2 Ianes) 9:00am-10:30am	Swim Lessons Lap Swim (1 Iane) 9:15am - 11am	Open Swim Lap Swim (3 Ianes)	Open Swim Lap Swim (3 Ianes)	Open Swim Lap Swim (3 Ianes)	Swim Lessons Lap Swim (1 Iane) 9:00am - 11:15am	6.13 Touil
Open Swim Lap Swim (3 lanes) 10:35am - 11:55am Aqua Mix & Lap Swim (2 lanes)	Swim Lessons 11 - 11:45am Open Swim Lap Swim 11 - 12:25pm	9:00am-12:25pm	9:20am-12:25pm	9:05am-12:25pm	Swim Lessons Open Swim (2 lane) Lap Swim (2 lane) 11:15 - 12pm	Open Swim (3 lane)
12:00 - 12:45pm	Twinges & Lap Swim (1-2 lane) 12:30-1:30pm	Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Twinges & Lap Swim (1-2 lane) 12:30-1:30pm	Aqua Mix & Lap Swim (2 lanes) 12:30 - 1:15pm	Open Swim Lap Swim (3 Iane) 12:05 - 4pm	Lap Swim (3 Iane) 12:30 - 3:30pm
Open swim Lap Swim (3 lanes) 12:50 - 3:40pm	Open Swim Lap Swim (3 Iane) 1:35 - 3:45pm	Open swim Lap Swim (3 lanes) 1:20 - 3:40pm	Open Swim Lap Swim (3 Iane) 1:35 - 3:45pm	Open swim Lap Swim (2 Ianes) 1:20-3:45pm	Swim Meet 11:30 - 4:30pm (Swan Pool will be	
Spec. Olym. (1 lane) Lap Swim (1 lane) Swim Team (4 lane) 3:45 - 4:55pm	Swim Lessons Lap Swim (1 lane) Swim Team (3 lane) 3:45 - 5:00pm	Open swim Lap Swim (1 lane) Swim Team (3 lane) 3:45 - 4:55pm	Swim Lessons Lap Swim (1 lane) Swim Team (3 lane) 3:45 - 5:00pm	Open swim Lap Swim (1 lane) Swim Team (3 lane) 3:45 - 5:15pm	open until end of meet)	
Swim Lessons Lap Swim (1 Iane) 5:00 - 6:30pm	Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm Open Swim (1-2 lanes) 5:50-6:25pm	Swim Lessons Lap Swim (1 lane) 4:55 - 6:30pm	Swim Lessons Lap Swim (1 lane) 5:00 - 6:30pm Open Swim (1-2 lanes) 5:50-6:25pm	Open Swim Lap Swim (3 Ianes) 5:15 - 7:30pm	Lap lanes will only be available during designated times. If 3 or more people are waiting for a lane, priority will go to those willing to circle swim. During open swim, children under the age of 13 years must have an adult present in the facility. Children under 7 years, or in need of assistive flotation, must have an adult in the water with them within arms distance, all others comfortable in the water may swim.	
ST (3 lane) LG Class (1 lane) Open (1 lane) Lap Lane (1 lane)	Swim Team (3 lane) RVSR (2 lane) Lap Swim (1 lane) 6:30 - 7:15pm	ST (3 lane) Lap Swim (1 lane) Swim Lesson 6:30 - 7:15pm	Swim Team (3 lane) Lap Swim (1 lane) 6:30 - 7:30pm			
6:30 - 7:45pm Open Swim Lap Swim (3 lanes) LG Class 7:45 - 8:30pm	Lap Lane (2 lane) 7:15 - 8:30pm	ST 6:30 - 7:45pm Open Swim Lap Lane (2 lane) Spec. Olym. (2 lane) 7:15 - 8:30pm	Swim Team 6:30 - 7:45pm Open Swim Lap Lane (2 Iane) 7:35 - 8:30pm			
Legend: Blue = Lap Swim Red = Open Swim Green = Aqua Fitness Purple = Rentals Black = Swim Lessons/Swim Team				This schedule was last updated on 1/5/2024. Pool schedule may change for programming needs.		

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.