



# Kankakee Area YMCA Large Pool Schedule December 23, 2019 - January 5, 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Open & Lap Swim 5:00-8:15am	<b>12/24 HOLIDAY HOURS</b> <b>Laps 7 - 10:30</b> <b>Adult Open 7 - 8am</b> <b>Aqua X 8 - 9am</b> <b>Swim Team/Open Swim 9 - 10:30am</b>	<b>12/25 MERRY CHRISTMAS POOL CLOSED</b>  <b>1/1 HOLIDAY HOURS 7:00-10:30am</b>	Adult Open & Lap Swim 5:00-9:00am	Adult Open & Lap Swim 5:00-8:15am	Adult Open & Lap Swim 7:00-8:00 am	Adult Open & Lap Swim 8:00am-10:00am
Deep Water Lap Swim 8:15 - 9:00am			Deep Water & Lap Swim 8:15 - 9:00am	Water Exercise & Lap Swim 8:00-9:00 am		
Open Swim & Lap Swim 9:00-12:30pm	<b>12/31 HOLIDAY HOURS</b> <b>Laps 7-10:30am</b> <b>Adult Open 7 - 8</b> <b>Aqua X 8-9am</b> <b>Open 9 - 10:30</b>		Aqua Aerobics & Lap Swim 9:00-10:00am	Open Swim & Lap Swim 9:00-12:30pm	Open Swim & Lap Swim 8:00-9:00 am	
Aqua Mix & Lap Swim 12:30 - 1:15pm			Open Swim & Lap Swim 10:00-1:00pm			
Open Swim & Lap Swim 1:15-8:45pm (YKids 2:30-3:30, Swim Practice 5:15 - 6:45)			Twinges & Lap Swim 1:00-2:00pm	Open Swim & Lap Swim 1:15-7:30pm (Ykids 2:30 - 3:30pm, Swim Team 4 - 5:30pm)	Open Swim & Lap Swim 9:00 am-4:30 pm	Open Swim & Lap Swim 12:30pm-4:30pm
			Open Swim & Lap Swim 2:00-4:00pm (Ykids 2:30 - 3:30pm)			
			Water Exercise & Lap Swim 5:45-6:30 pm			
			Open Swim & Lap Swim 6:30-8:45pm	<b>During all pool hours, there will be at least one lane available for Lap Swim. During open swim, children under the age of 7 years must have an adult in the water with them, all others comfortable in the water may swim.</b>		
<b>This schedule was last updated on 12/11/19. Pool schedule may change for programming needs.</b>						

*Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.*

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